



**Public Health
Santé publique**
SUDBURY & DISTRICTS

February 27, 2021

Dear parent/guardian:

Re: Students of Class 1A

This is to inform you that your child has been identified as being exposed to a confirmed COVID-19 case at Alliance St-Joseph school. As such **they must remain home and self-isolate** up until and including **March 10, 2021** unless otherwise directed by Public Health Sudbury & Districts.

Please note that there are more protective provincial guidelines in place currently to stop or slow the spread of the more infectious COVID-19 virus variants circulating in the province. It is essential that you follow the direction described below in this letter:

- Your child should seek COVID-19 **testing asap AND on March 6, 2021**. If they are symptomatic or become symptomatic at any time, they should seek testing as soon as possible.
- Even **if their test result is negative**, they must **remain home and self-isolate** up until and including March 10, 2021.
- For the duration of your child's isolation period, everyone else in your household is required to **stay home** except for essential reasons. Essential reasons include: attending work/school/childcare and essential errands such as groceries, attending medical appointments or picking up prescriptions.
- **If your child develops even one symptom of COVID-19**, everyone in your household is required to **self-isolate** until they receive a negative test result or is provided an alternative diagnosis by a healthcare professional. If they are **not** tested or do not receive an alternate diagnosis, all members of your household must self-isolate as directed by Public Health. Please call 705.522.9200, ext. 524 if you develop any symptoms for additional direction.

Public Health will be contacting you for further follow up and will provide further guidance at this time.

Sudbury

1300 rue Paris Street
Sudbury ON P3E 3A3
t: 705.522.9200
f: 705.522.5182

Elm Place

10 rue Elm Street
Unit / Unité 130
Sudbury ON P3C 5N3
t: 705.522.9200
f: 705.677.9611

Sudbury East / Sudbury-Est

1 rue King Street
Box / Boîte 58
St.-Charles ON P0M 2W0
t: 705.222.9201
f: 705.867.0474

Espanola

800 rue Centre Street
Unit / Unité 100 C
Espanola ON P5E 1J3
t: 705.222.9202
f: 705.869.5583

Île Manitoulin Island

6163 Highway / Route 542
Box / Boîte 87
Mindemoya ON P0P 1S0
t: 705.370.9200
f: 705.377.5580

Chapleau

34 rue Birch Street
Box / Boîte 485
Chapleau ON P0M 1K0
t: 705.860.9200
f: 705.864.0820

toll-free / sans frais

1.866.522.9200

phsd.ca

In general, for COVID-19, a *close* contact is anyone who was within 2 metres or 6 feet of an infected person without proper personal protective equipment (PPE) for at least 15 minutes during the time of infectivity. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19. Passing a person in the hallway is considered low risk of spreading the virus.

Remember to follow the critical ongoing COVID-19 prevention measures:

- Wash your hands often with soap and water or alcohol-based hand sanitizer
- Sneeze and cough into your sleeve
- Avoid touching your eyes, nose, or mouth
- Stay home and isolate if symptoms appear
- Practice two-metre physical distancing
- Wear a mask in indoor public spaces and outdoors, especially when physical distancing of two metres cannot be maintained

For a list of Assessment Centres visit: <https://www.phsd.ca/health-topics-programs/diseases-infections/coronavirus/>.

If you have any questions, please do not hesitate to contact your school, visit the school website to learn about class restrictions or other measures the school is taking, or Public Health Sudbury & Districts for more information at 705.522.9200 (toll free at 1.866.522.9200).

Thank you,

A handwritten signature in black ink, appearing to read 'Chantal Belanger'.

Chantal Belanger, RN, Program Manager
Health Protection Division